



# Winter 2019

Build Your Smile Dental Foundation Inaugural Clinical Outreach to Rural Uganda

...because smiles have no borders.

Read more on page 4





The Build Your
Smile Dental Foundation
is once again running its
Annual Supply Drive for
the Street Haven at the
Crossroads Women's Shelter
in Toronto.



If you wish to participate, on behalf of all of us at PA as and all the women in need served by Street Haven, please accept our heartfelt thank you.

Most needed items are listed below and can be delivered to PA or the shelter directly.

- New or gently used seasonal clothing
- New undergarments and socks
- New sleepwear and slippers
- New or gently used bedding
- New or gently used towels
- Personal toiletries
- Feminine products
- School supplies

Please call our office or the Street Haven Resource Development Manager at 416.967.6060 ext. 225 to arrange pick up or drop off.

Thank you for all your generous help and support.



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# PUBLISHER'S MESSAGE



As another year slowly comes to an end and we enter the Holiday Season, the team at Prosthodontic Associates reflects on the incredible experiences and accomplishments of the past 12 months.

2019 has indeed been a busy and exciting year for all of us and we are very excited to share our journey with all our readers throughout this issue of Inside PA.

Earlier this year, in record time, the Build Your Smile Dental Foundation received Registered Charity Status from the Canada Revenue Agency. Obtaining this status will make it possible for the Foundation to access various grants and funding possibilities which will allow us to expand our programs and reach more communities in need. In July, 20 international dental volunteers embarked on a two-week journey into rural Uganda to deliver clinical care and education to the local communities. Through incredible generosity of an anonymous donor, another talented young lady has been given the opportunity to further her education in the dental field as a recipient of the Academic Grant. Details of this remarkable outreach and our initiatives are featured on page 4. Plans are already well underway for the 2020 clinical outreaches - to Uganda and beyond! As the Foundation continues to grow, we will be sure to keep our readers informed on all the developments. A very heartfelt thank you for all your support over the years, we could not do this without you!

This year, we were thrilled to welcome two extremely talented Specialists to our growing dental team – Dr. Elahe Behrooz, a Prosthodontist and recently, Dr. Parvaneh Bahrami, a Periodontist. We introduced Dr. Behrooz in the previous issue of Inside PA. This time, we are honoured to feature Dr. Bahrami.

In this issue, we profile a very valued member of our dental laboratory team – Hajnalka. Get to know the artist behind the beautiful smiles of PA. And as always, 2019 was devoted to education and professional growth as we hosted our 10th Prosthodontic Potpourri Continuing Dental Education Event. The team was also excited to attend the 2019 Toronto Spectrum Day where our Specialists graced the speaker stage.

We wish to extend a special congratulations to Dr. Izchak Barzilay, our incredible Founder and leader for his being a recipient of a 2019 Arbor Award from the University of Toronto. Dr. Barzilay is an example and an inspiration to many and this award is very well deserved!

We very much look forward to new adventures and endeavours of 2020 and will share those with you in the upcoming issues.

All of us here at PA want to take this opportunity to wish you a warm and joyful holiday season. We look forward to welcoming you once again in the new year!

# Welcome

# Dr. Parvaneh Bahrami

he team at Prosthodontic Associates is excited to announce yet another addition to our ever-expanding, specialized clinical team.

We are pleased to introduce - Dr. Parvaneh Bahrami – Periodontist.

Dr. Bahrami completed her Periodontology Specialty Training at the Faculty of Dentistry, University of Toronto in 2012. She is a Fellow of the Royal College of Dentists of Canada as well as Diplomate of the American Board of Periodontology and the International Congress of Implantology. Dr. Bahrami also serves as a clinical instructor at the Faculty of Dentistry, University of Toronto.

When we first met Dr. Bahrami, she showed us her passion, enthusiasm and dedication. Dr. Bahrami is not only a skilled clinician and an accomplished academic but is also very dedicated to helping those less fortunate. Dr. Bahrami joined the PA Family as an Associate Periodontist and the Build Your Smile Dental Foundation as a volunteer and Chief of Clinical Operations – International.

We are very fortunate to have Dr. Bahrami with us and have no doubt she will be very well received and warmly welcomed by all our patients, colleagues and friends. We look forward to many years and exciting initiatives together.

Welcome to the team Dr. Bahrami!



Dr . Parvaneh Bahrami obtained her first degree in Dentistry (DDS) in Iran in 1992. She completed the Qualifying program at the Faculty of Dentistry, University of Toronto with honors in 2004. She continued her education at the graduate level with Specialty Training in Periodontology and Implant Surgery at the Faculty of Dentistry, University of Toronto obtaining her Master of Science degree in 2012. More than a decade of experience in general dentistry before becoming a

specialist has been an invaluable asset in her understanding and treating patients and working with referring dentists. Dr. Bahrami is a board—certified periodontist in Canada and is a Fellow of the Royal College of Dentists of Canada (RCDC). She also is board certified by The American Board of Periodontology and is a Diplomat of the American Academy of Periodontology (AAP). Also, she holds a Diplomat status with the International Congress of Implantology (ICOI). Dr. Bahrami is a clinical instructor in the Periodontology Department at the Faculty of Dentistry, University of Toronto. She practices as a periodontist and implant surgeon at Prosthodontics Associates.







# The Build Your Smile Dental Foundation Celebrates an Incredible First Year of Operations



he Build Your Smile Dental Foundation is proud to announce and to celebrate an incredible first year of operations – and what a year it has been. A heartfelt thank you for all your support to help make it possible!

Since our incorporation in 2018, we have assembled a strong leadership team, both at the executive and board of directors' levels, as well as an incredible team of volunteers dedicated to the Foundation and the communities it serves.

We are proud to announce that in record time we applied for and received a Registered Canadian Charity Status from the Canadian Revenue Agency (CRA number: 71007 9484R0001).

In July, a team of 20 international dental volunteers traveled to Uganda to provide care to impoverished, isolated residents of remote villages of the Kabale region.

In partnership with a reputable Ugandan NGO – Kigezi Health Care Foundation (KIHEFO, www.kihefo.org), we also visited United Nations Nakivale Refugee Settlement where we provided dental care to countless displaced refugees –

a service currently not attainable within the community. During the recent outreach program, the Foundation's dedicated volunteers provided the neediest populations of Uganda with:

1022 tooth extractions
2300 fluoride treatments
90 dentures
7 dental implants
5 bone grafts
100+ restorations
130 preventive scaling treatments

The team also ran an inaugural clinical outreach program at the ROTOM Health Centre (https://reachone-touchone.org/) in Kabale. ROTOM is a Ugandan organization dedicated to serving grandparents and orphaned grand-children in their care. The Build Your Smile Dental Foundation was honoured to provide a full scope of dental services to hundreds of seniors and school children. Another amazing international collaboration has begun, and we look forward to working together for many years to come.

Education and sustainability are key elements of the Foundation's philosophy and hence in addition













# .. because smiles have no borders

to clinical services, educational programs and training workshops for local dental professionals have been implemented. The Foundation also established an academic grant program for students met with economic hardship. Based on academic achievements and an application process, one student per year is granted a full scholarship for a three-year Dental Officer college training program. This year, we proudly selected our 2nd Academic Grant Recipient – Lucia!

Thank you to an incredible donor who has chosen to remain anonymous - for allowing another bright young woman achieve her dream of becoming a dental officer!

This year also saw us host our 2<sup>nd</sup> International Dental Symposium introducing current dental techniques and technologies to dental students and dental professionals from across Uganda.

We continue to grow our commitment to our locally based initiatives as well, strengthening our partnerships with Street Haven at the Crossroads and the Holocaust Survivor's Project. Our aim is to continue providing quality dental care and education to all vulnerable communities we serveboth internationally and domestically.

Plans are already well on the way for a busy 2020!





## **Upcoming program timeline & goals:**

January 25th – February 8th, 2020 – Clinical Outreach Program – Uganda

- Provide dental care in 8 different rural communities serving 4000 patients
- Provide dental care to 1000 seniors and orphans at the Reach One Touch One Ministries (ROTOM) health care facility
- Hold a multi-day International Dental Symposium (lectures and workshops) for 500 dental professionals and dental students at the Makerere University in Kampala
- Choose the 2020 Academic Grant scholarship recipient





















Your continued support will not only ensure the success of the upcoming outreach but will help us expand our initiatives to serve even more communities in need.

Please visit our website at: www.buildyoursmile.org to learn more about our initiatives, fundraisers, team members and to volunteer with us or donate on line.



# Team Member Profile



s many of you may know, Prosthodontic Associates is home to a full service, on site dental laboratory. Having our own laboratory allows us to offer our patients the highest quality smile solutions quickly and seamlessly. All our prostheses are created by highly trained technologists and technicians. These skilled team members play a crucial role in delivering beautiful smiles to our patients. One of our invaluable laboratory team members is Hajnalka Szollosi.

Hajnalka joined the PA team in 2014 and has proven to be an incredible addition. Hajnalka completed her dental technician training in 1981 and has been utilizing her skills in the dental industry ever since. Combining both her European and Canadian experience, Hajnalka has changed countless smiles over the years. Highly specialized in working with porcelain, Hajnalka creates beautiful crowns, bridges and veneers.

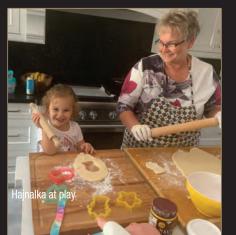
Hajnalka is not only an artist in the laboratory, she is an avid chef and often spoils her family and colleagues with home made culinary creations. She is a proud grandma to Lana and spends much time with her little granddaughter.

A strong supporter of volunteerism, Hajnalka donates her time with local charities and has been an incredible supporter of the Build Your Smile Dental Foundation and its local as well as international initiatives.













# PA and PACE host the 10th Prosthodontic Potpourri at the Parkview Manor

PA recognizes that sharing knowledge and experience with the dental community has a crucial role in continuing education and remains committed to sharing our expertise with others.

This year, we hosted our 10th Bi-Annual Prosthodontic Potpourri and welcomed over 200 dentists and dental professionals for a full day of learning, exhibits, networking and fun.

The 10th PA Potpourri was exceptional as we were joined by a special guest, all the way from Uganda – Dr. Geoffrey Anguyo. Dr. Anguyo addressed the audience speaking about the impact which dental outreach and education have on the rural communities of Uganda. Dr. Geoffrey had the opportunity to meet with our sponsors and thank them personally for the generous support over the years. All proceeds from the event are donated to the Build Your Smile Dental Foundation.



























# PA attends Spectrum Day at the Toronto Congress Centre

**Spectrum Day Toronto**, Canada's largest techno-clinical dental education event is a great opportunity to attend lectures and exhibits for the entire dental team.

For many years, PA's entire team spends the day engaged in various aspects of continuing education that Spectrum Day has to offer.

This year, a number of PA's specialists graced the speaker stage with incredible presentations covering a vast array of dental topics.

The Build Your Smile Dental Foundation team ran an Apples for Africa fundraiser and all proceeds were donated to the Foundation's Uganda initiatives. Left over apples were donated to the local Salvation Army.

Another amazing day at Spectrum and the team is already planning for 2020!













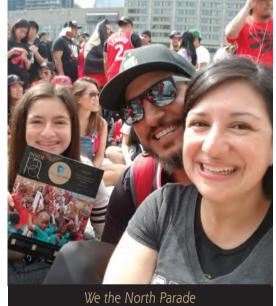




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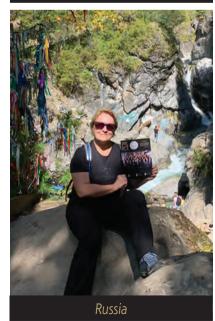






Vancouver, Canada

Palawan, Phillipines







PEI, Canada